

RELEASE AND WAIVER OF LIABILITY MEDICAL HISTORY FORM

PLEASE PRINT NEATLY

ALL AREAS OF THIS FORM MUST BE COMPLETED AND SIGNED PRIOR TO PARTICIPATION

Camper Full Name: Camper Birth Date: / / Current Grade:

Parent / Guardian Name:

Relationship to Camper:

Does Camper have allergies? NO YES If yes, list:

Is camper currently on medications? NO Yes If yes, list:

Does Camper have loss of a paired organ? (Kidney, eye, etc.)? NO YES If yes, list:

IF YOU HAVE A YES ANSWER TO ANY OF THE ABOVE, YOU MUST INCLUDE A PHYSICIAN'S PERMISSION TO PARTICIPATE

IN CASE OF EMERGENCY

Father's Name: Cell #: Work / Daytime Phone:

Mother's Name: Cell #: Work / Daytime Phone:

Other Emergency Contact: Cell #: Work / Daytime Phone:

Medical Insurance Co. Name: Policy Holder Name: Policy #:

Any instructions regarding your insurance?

Please read carefully and sign:

I/We, the undersigned, herby certify that I/we am/are the parent(s)/legal guardian of the camper listed above. I hereby give permission for Helfer Basketball Camps LLC to seek appropriate medical attention for the camper and for medical attention to be given and for the camper to receive medical attention in the event of an accident, injury, or illness. I/we will be responsible for any and all costs of medical attention and treatment.

I/we, the undersigned, for ourselves and/or as guardians of (PRINT CAMPERS NAME HERE) understand that basketball is an active, physical sport and that injuries can take place during play. I/we understand that, as with any sport, injuries can occur, and we hereby acknowledge that my/our child is physically fit and mentally capable of participating in this activity. I/we also understand that it is my/our responsibility in caring for the camper listed above, to be assured that he/she is fully capable of engaging in this sports activity and I/we are confident that he/she is able to engage in such sport.

For the sole consideration of my child's participation in the Camp as outlined above, I agree to indemnify and hold harmless Mike Helfer, Helfer Basketball LLC and their members individually and their officers, agents, and employees (current and former), Valdosta State University and their members individually and their officers, agents, and employees (current and former) from any and all claims, demands, claims for attorney's fees whatever kind or nature which might be assorted against them, rights and causes of actions of whatever kind, by or on behalf of myself, my heirs, assigns, attorneys in fact, attorneys at law, personal representatives, dependents, or otherwise, arising from my Child's participation in connection with his/her activity at and through these camp(s) or Valdosta State University.

I hereby certify that I am eighteen (18) years of age or older, suffering no legal disabilities, that I have read the foregoing document carefully and hereby sign this agreement voluntarily and for my own free will.

Parent / Guardian Signature: Date Signed:

Print Parent / Guardian Name:

Helfer Basketball LLC

1500 North Patterson Street
Valdosta, Georgia 31698

Address Service Requested

Mike Helfer's
Basketball Camps at...



VSU Blazers

Mike Helfer

Valdosta State University
Head Basketball Coach

Mike Helfer has put Valdosta State basketball on a national map after 14 years of continued success. This past season the Blazers finished 24-7 and won their 3rd consecutive GSC regular season championship. No program in the history of the GSC has accomplished that feat when all teams are in 1 division. Once again, VSU advanced to the NCAA tournament for the 7th time under Helfer. They have only played in a total of 11 NCAA tournaments in history. Coach Helfer on summer camps: *"I want our camps to be an EXPERIENCE for every camper that comes through here. I want them to learn basketball and compete, but also develop a relationship with our players and our staff. It's about the experiences for young athletes and we want this one to be remembered for a very long time. We look forward to seeing you this summer!"*



Under Helfer...

- **3 time GSC Regular Season CHAMPIONS – 1st time in GSC History**
- **76 wins in the past 3 years**
- **3 consecutive NCAA Tournament Appearances**
- **Ranks in the Top 25 nationally all-time in D2 win totals**
- **16 players have gone on to professional basketball under Helfer**



Available Sessions

Instructional Day Camp

June 10-13, 9am-5pm

(Boys entering grades 5-10 in Fall 2019)

COST: \$185.00

- Proper fundamentals in shooting, passing, dribbling, lay-up's, defense, free throws, and other basketball moves
- Campers grouped according to age and ability
- 1on 1, 3 on 3, 5 on 5, and other contests
- Each camper receives a VSU basketball and t-shirt

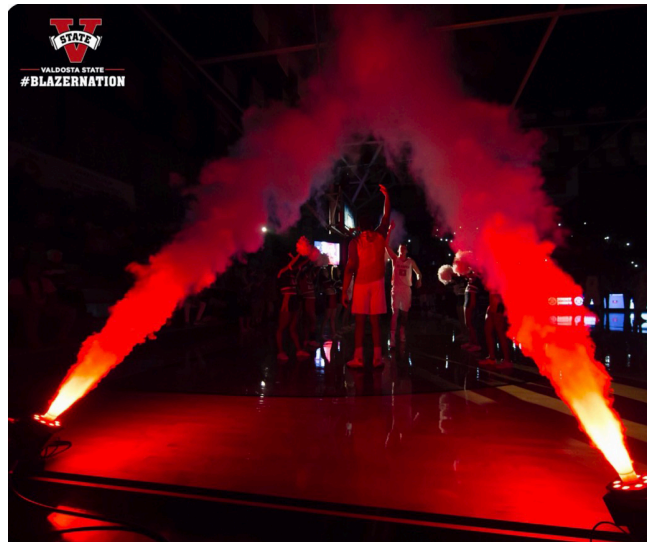
Little Blazer Camp

June 17-20, 9am-4pm

(Boys entering grades 1-4 in Fall of 2019)

COST: \$135.00

- Basic fundamentals taught in dribbling, passing, shooting
- Rims lowered to 8' for younger campers which allows easier teaching / learning environment
- 1 on 1, 3 on 3, 5 on 5 and other contests



What to Bring...

- Basketball attire - inside courts.
- Basketball shoes with non-marking soles.
- We will have a camp bank where you can deposit money to be used at our concession stand throughout the week.

Camp Location...

Valdosta State University

THE COMPLEX

BAYTREE ROAD IN VALDOSTA, GEORGIA

Please check-in at the Complex!



Typical Schedule

8:30am	Gym opens for shooting
9:00am	Roll Call / Notebook Teaching
9:15am	Starts / Stops / Turns
9:35am	Fundamental Teaching Stations
11:15am	1 on 1 / Contests
12:00pm	Lunch (Bring Your Own)
1:00pm	Lecture / Coaching Point
2:00pm	3 on 3 league play
3:00pm	5 on 5 games
4 - 5:00pm	Wrap Up / Camp Ends

* Little blazer camp will follow same schedule for 4 days

* Skilss & Drills Camp will have more advanced schedule with focus on higher intensity drill

**Questions? Call Coach Blake Justice at
(229) 333-5904 or email at bjustice@valdosta.edu**

Registration Information...

**You can register online at
www.helferbasketball.com or below...**

Please Print Clearly!

Camper's Name _____

Address _____

City/State/Zip _____

Age _____ Grade in Fall 2019 _____ Height _____

Mom's Cell _____

Dad's Cell _____

Parent's E-mail _____

CONFIRMATION LETTER WILL BE E-MAILED TO YOU!

Adult Shirt Size:

☐ Sml ☐ Med ☐ Lrg ☐ XL ☐ 2XL

Youth Shirt Size: ☐ Sml ☐ Med ☐ Lrg

Will this be your first year in camp? () Yes () No

Which Session will you be attending?

() **Boys Instructional Camp - June 10-13** (Boys entering grades 5-10 in Fall 2019) **COST: \$185.00**

() **Little Blazer Camp - June 17-20** (Boys entering grades 1-4 in Fall 2019) **COST: \$135.00**

Parent or Guardian's Signature _____

**Walk-Up
Registration
Welcome!**

**Pay online at www.helferbasketball.com
If mailing, make check payable to:**

HELPER BASKETBALL LLC

and mail to: Mike Helfer, Head Men's Basketball Coach
Valdosta State University, 1500 N. Patterson St., Valdosta, GA 31698